



*Seminar Outline*  
**PEACE AND RECONCILIATION  
SKILLS FOR EVERYONE**

## **SESSION TOPICS**

**:: Learning the Art of Conflict Resolution.** Get exposed to the various approaches and stages of Conflict Resolution—i.e., informal discussion, negotiation, conciliation, facilitation, mediation, arbitration, litigation, legislation. Find out what works best in certain situations. Experience simulated scenarios where you will be prompted to learn the following:

- :: *Fact-Finding Skills*
- :: *Listening Skills*
- :: *Conflict Mapping Skills*
- :: *Conflict Energy Management Skills*
- :: *Resolution Approach Skills*

**:: Asserting Your Rights through Peaceful Negotiation.** Learn the art of being assertive without being abrasive or offensive. Sharpen your skills in distinguishing the other parties' real interests from their officially stated position. Find out the characteristics and qualities of a good negotiator.

**:: Bridging Conflicting Parties through Mediation.** Mediation is the art of facilitated negotiation. It is a process by which a mediator assists disputing parties to collaboratively discuss their concerns through problem-solving. Find out how to assist in documenting mutually acceptable points of agreement the parties may reach. This is a fascinating experience where a mediator, who does not have authoritative decision-making or enforcing power, becomes an effective peacebuilder because of the voluntary, private, and face-to-face participation of the parties-in-conflict.

## **SUGGESTED SCHEDULE**

- :: Weekend Version: From Friday evening to Sunday afternoon
- :: Five-day Version: From Monday to Friday or any 5 consecutive days of the week

## **MORE INFORMATION**

**Peace and Reconciliation Seminars**  
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